



City of Hartford

Eddie A. Perez, Mayor

HEALTH & HUMAN SERVICES DEPARTMENT

Office of the Director

2 Holcomb Street Hartford, Connecticut 06112

Telephone (860) 543-8860 / Fax (860) 722-6851

E-mail: CMSanchez@ci.hartford.ct.us , or Rrojano@ci.hartford.ct.us

Ramon Rojano, MPH, MFT,
Director

DANCING TO WELLNESS/SALUD CON RITMO We are doing the Meringue again

(June 5, 2006)--- The City of Hartford Department of Health and Human Services continues its monthly program to motivate people of all ages to stay fit while having fun.

On June 8, 2006 from 5:30 to 7:00 PM, “Dance to Wellness” will take place at Pope Park Recreational Center, located at 30 Pope Park Drive (right off of Park Street). By popular demand we will feature Meringue will be featured.

“Every time we meet this group is getting bigger and better. People of all ages are having a lot of fun learning different dance modalities while getting fit,” says Rita Kornblum, Health Educator for the City of Hartford Health and Human Services Department.

Representatives from the University of Connecticut School of Nutrition, Charter Oak Health Center, and Hartford Women, Infant and Children (WIC) Program will be available to provide health information.

For more information please contact Rosa Velazquez at (860) 547-1426 ext: 7016.

**A schedule of future locations for “Dancing to Wellness” will be posted at
www.healthyhartford.org**